

August 15, 2021

WAG



Newsletter



*The many healing powers of Lavender.*



*From the Editor, . . .*

Lavender has valuable healing powers which artists could benefit from especially during these trying times. Lavender helps to control anxiety and depression as it has a calming and sedative effect which promotes sound sleep, more so than traditional medication, and I believe that creating art produces the same outcome.

Realizing that we all could benefit from an occasional dose of serenity, this newsletter offers some calming fabric art, as well as WAG members art. The "Playing With Lights and Darks" Artist Challenge has closed and now the voting begins. We received **17** entries from **10** members, **3** of which were first timers – MOST EVER!

And we're excited to announce the **1st Annual WAG** (online) "**Member's Exhibit**" which commences August 15th. The exhibit is open to WAG members to submit their favorite two pieces which will ultimately be judged by a panel of selected WAG members, and there will be ca\$h prizes awarded to the judges' picks. More on the "Member's Exhibit" inside this newsletter.

Enjoy The Newsletter!



FIND THE SMILEY

The first one to email the correct answer to [studiogals@aol.com](mailto:studiogals@aol.com) wins a prize.

# 1st Annual WAG Member's Exhibit

The "Member's Exhibit" was created as a platform for WAG members to showcase their talents online in times when they are unable to congregate at our monthly meetings. The Exhibit is open to all current WAG members and runs from August 15th to October 4th of this year. The requirements to participate are as follows:

Each member is permitted to submit up to two entries.  
 All 2D work can be framed (without glass), or unframed.  
 All 3D work should be nicely displayed.  
 All entries should be current-created within the past 24 months.

**SUBMISSION REQUIREMENTS:**  
**Submission Deadline is 12 midnight OCTOBER 3rd.**  
 Provide **TITLE**, **MEDIUM**, **SIZE** and **NARRATIVE** about each piece.  
 Submit entries via .jpg to Joyce Norfolk at [studiogals@aol.com](mailto:studiogals@aol.com).

**PRIZES:**  
 Entries will be judged by a panel of 5 WAG members, each knowledgeable with various mediums.

- ✦ 1st Place will win **\$100**      ✦ 2nd Place will win **\$80**
- ✦ 3rd Place will win **\$60**      ✦ Peoples Choice **\$100**

*Members vote for their favorite entry for "Peoples Choice"*  
*For questions or other concerns, contact Joyce Norfolk at [studiogals@aol.com](mailto:studiogals@aol.com)*



*Don't miss out on this opportunity to showcase your art, plus win some cash!*  
 Mark the 12 midnight October 3rd deadline on your calendar.



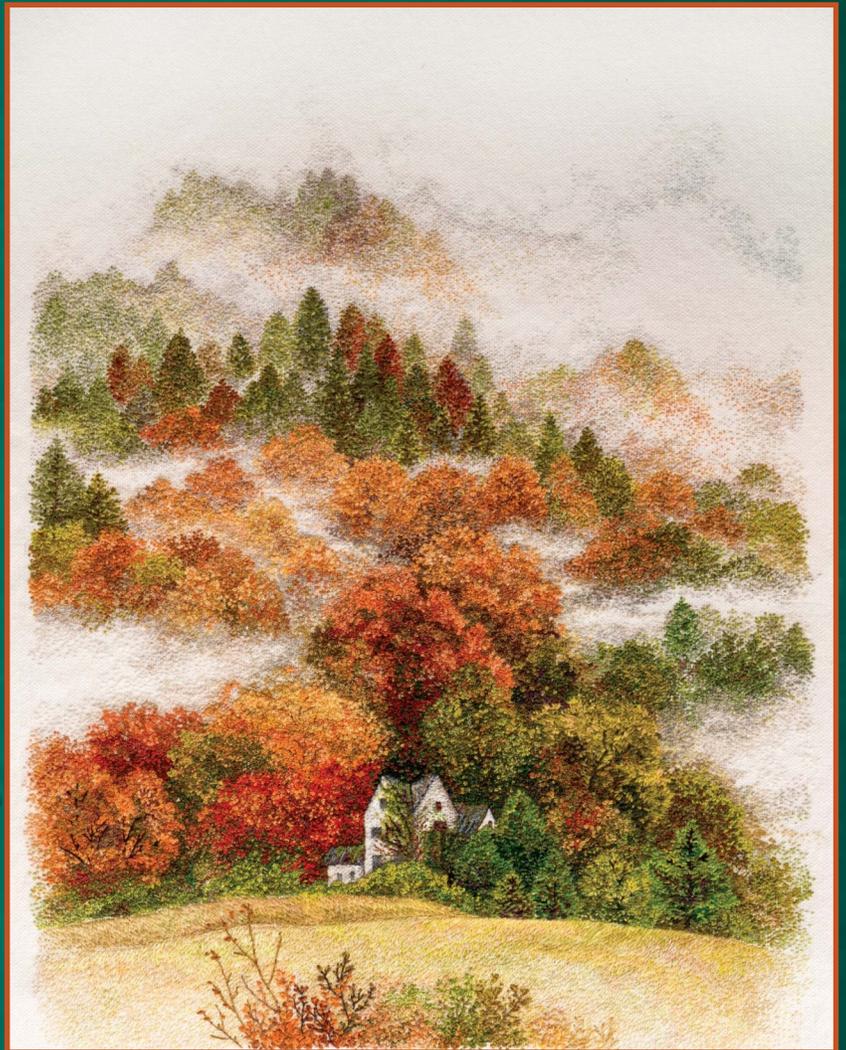
# Katrin Vates

## *Embroidery*



Katrin Vates is a self-taught embroiderer who grew up and studied in the Soviet Union, when there were no embroidery schools or even embroidery books.

Katrin said “There were probably museums with old embroidery in Russia at that time, but people who lived in ordinary provincial towns, as a rule, couldn’t see them, and didn’t even know about embroidery.”

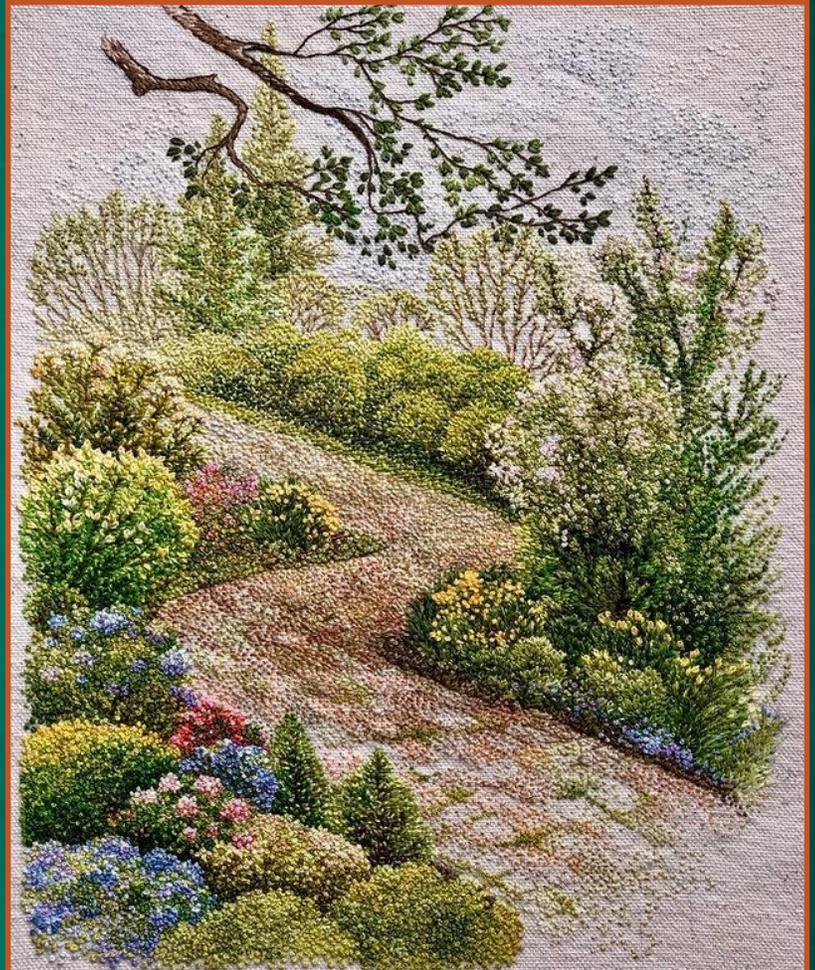


# Katrin Vates

## Embroidery



Katrin didn't begin to embroidery until a few years ago at the age of 42 when she married her husband and immigrated to the U.S.



Her favorite fabric is an unprimed dense canvas and she does not use hoops or frames.

# Hannah Kwasnycia

## *Embroidery*



Canadian artist Hannah Kwasnycia hand stitches abstract embroidery hoops inspired by nature. In particular, she is interested in capturing the organic shapes of moss, lichen, coral reefs, and mold—using a variety of stitches, colors, and beads to do so.

Currently based in New Zealand, Hannah discovered the art of hand embroidery a little over a year ago and has a large fan base on Instagram and Etsy (mild.moss)

[Hannah Kwasnycia](#)



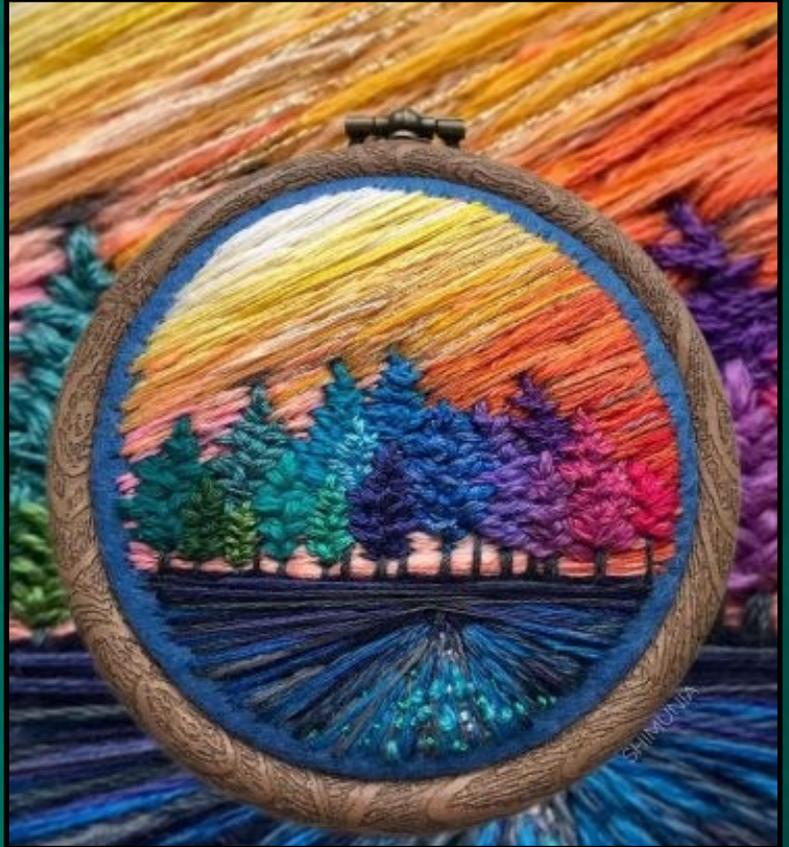
# Vera Shimunia

## *Embroidery*



Russian artist Vera Shimunia creates embroidery designs that look like pieces of landscape art, expertly stitched with colorful thread.

While most of Shimunia's embroidered landscape scenes are small in size, she also creates teeny tiny pieces that aren't much bigger than your finger tip. Some of the artist's latest work even merges textile art with photography to create stunning surreal landscapes that are part photo-landscape, part embroidery-sky.



# Litli Ulfur

## *Embroidery*



Litli Ulfur is a very discreet embroidery artist – Do not try to find her name or her country – She comes from Nature, bringing her inner peace to us.

You wont find a picture of her either, but, you can visit her Instagram site to see her beautiful embroidery.

Litli Ulfur is her self-adopted artistic nickname which reflects who she is. To her, Litli Ulfur is light and dark, or day and night.



She is a graduate of The Academy of Fine Arts and excels in many various mediums, but none pleases her more than embroidery which she taught herself two years ago.

<https://www.instagram.com/>



# Artist Challenge

## Photography

### Cell Phone vs DSLR Cameras



## It's time for another challenge!

Hi WAG Artists,

Have you snapped a picture on your phone lately that you are particularly proud of, or are you one of our skilled, experienced photographers using your knowledge to produce wonderful art?

In our efforts to reach out to **ALL** of our WAG artists, we would like to highlight our photographers this month.

In these digital times we are all probably using photography in some way to aid in our artistic efforts, so this challenge will appeal to many!

To be fair, we're dividing this challenge into two categories:

1. **Novice**, or **Cell Phone Photography**
2. **Advanced**, or **DSLR Photography**

Up to **FOUR** photos may be submitted and they can be in color, or black & white. Email your entries via jpg to Joyce Norfolk at [studiogals@aol.com](mailto:studiogals@aol.com). Include the following:

1. **Category (Novice or Advanced),**
2. **Cell phone or DSLR camera used,**
3. **Title & discuss any tips, special settings or equipment used.**

There will be a **\$25 cash prize** awarded to the top **3** vote-getters who will also have a chance to display their photo for sale at one of our popular venues.

**DEADLINE** for submissions is **12 noon September 30th.**



Let's learn from each other once again by sharing ideas and information about photography this month!

**Beth Roberson** and **Celia Clarke**  
Your Artists Challenge Team



# Artist Challenge

## Playing With Lights & Darks

# Voting

The “Playing With Lights & Darks “ Artist Challenge is now closed and voting begins today.

To vote, email your top **FOUR** choices citing the number assigned to them to Joyce Norfolk at [studiogals@aol.com](mailto:studiogals@aol.com). The top three vote getters will receive **\$25 each**, and the runner up will receive a **\$10 gift certificate** to the Art and Happiness Store.

## ENTRIES



John Seevers



“From Chaos” - Basketry Art



“The Reef” - Basketry Art

1

2

# Artist Challenge

## Playing With Lights & Darks

# Voting

New entry since August 1st newsletter.



Barb Chandler



3

"Lilly White" Watercolor



June Kiefer



4

"Lake Kachee at Night" Watercolor

# Artist Challenge

## Playing With Lights & Darks

# Voting



Joyce Norfolk



“Birds of a Feather, . . .” Colored Pencil  
*Exempt from voting by artist’s request.*

New entry since August 1st newsletter.



Crystal McQueen



5

“Autumn Under Glass” Photography

# Artist Challenge

## Playing With Lights & Darks

# Voting

New entries since August 1st newsletter.



Crystal McQueen

6



“Peaceful” Photography

7



“I See the Light” Photography

# Artist Challenge

## Playing With Lights & Darks

# Voting



Linda Smith



8

"Kaleidoscope"



9

"Tea Time"



10

"The Rings of Saturn"

# Artist Challenge

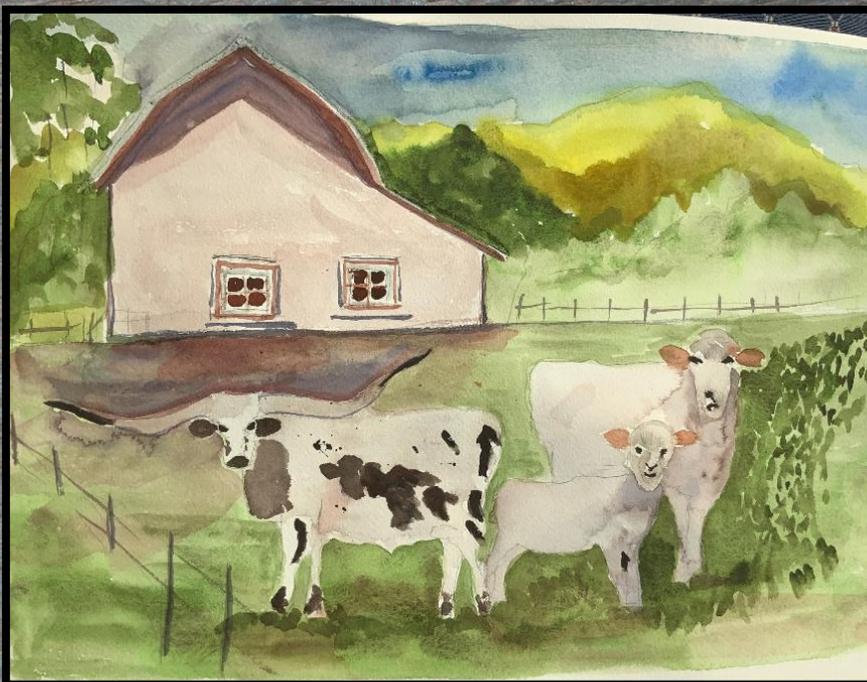
## Playing With Lights & Darks

# Voting



Phyllis Smith

11



"Down on the Farm" Watercolor

# Artist Challenge

## Playing With Lights & Darks

# Voting

*New entries since August 1st newsletter.*



Janice Hartwell

"Hot Snow" represents white snowballs with fireworks on a black background.



"Hair Over the Years" Babushka Dolls

"Hot Snow" Wool Felted Banner

# Artist Challenge

## Playing With Lights & Darks

# Voting

*New entries since August 1st newsletter.*



Camille Brighten



12

"The Lost Ones" Acrylic



13

"Honey Moon" Acrylic



14

"Sail Boat" Watercolor

# Artist Challenge

## Playing With Lights & Darks

# Voting

New entries since August 1st newsletter.



Jan Omey

15



"African Dream" 10"H x 12"W

This started out as an old battered wooden bowl that I re-purposed for the base and then wove the basketry on the top with reeds, beads and palm tree seed stems (*also known as palm inflorescence*). The design painted on the bowl is reminiscent of mud cloth designs from Africa.

I found an old wooden bowl that was cracked and discolored. After cleaning, repairing and refinishing the bowl, I wove a light and dark pattern with reed and beads. The handle is an old dried piece of cactus from the desert. The movement in the pattern suggests a breeze that rolled the cactus debris over the terrain.



"Desert Breeze" 9"H x 6.5"W

16

These two are some of the baskets I've worked on during this period of isolation - days of **LIGHT** (*working on things that bring me joy*) and days of **DARK** (*not being able to socialize as I would normally*).

# Something to Think About

## Searing Bands of Light Mark the Ocean's Rising Tide



Sensors and LED lights were used to show where the water will flow in the Outer Hebrides (an island chain off the west coast of Scotland) during storm surges if the Earth's temperature continues to rise.



Hok